

- Hungerford

- Marlborough

- Newbury



[www.ajh-hypnotherapy.co.uk](http://www.ajh-hypnotherapy.co.uk)

## **Amanda-Jane Huxford-Harley**

HPD DHP MNCH (Reg) LAPHP LHS GQHP

Amanda-Jane is a fully trained, registered and accredited Advanced Clinical Hypnotherapist and Psychotherapist with more than 25 years of experience spanning a number of disciplines.

Registered with the UK Confederation of Hypnotherapy Organisation (UKCHO) Reg #: 80840), Amanda-Jane has successfully run her own consultancy clinics for 15 years working extensively in both the private as well as public health sector. Clients range from those undergoing rehabilitation treatment, professional artists, Armed Forces and emergency service personnel, corporate executives, CEO's as well as the general public from all walks of life.

Amanda-Jane's reputation and practice has grown through word of mouth recommendations, its success is due to her warm, open and down to earth manner. Priority is given to ensuring each individual client is made to feel safe, comfortable and relaxed, enabling a practical, effective treatment plan to be developed and remedial therapy started as soon as possible.

Experience repeatedly shows that the wide range and nature of problems addressed through hypnotherapy or psychotherapy cannot be treated through a standard or "One Size Fits All" programme.

Each client is invited for an initial 1 hour, no obligation, free of charge consultation to discuss the problem they would like addressed and to develop an appropriate and often bespoke programme. This initial free session has proven to be of great benefit to both parties and provides an opportunity for the client to ask questions or raise any concerns they may have so client and therapist can work confidently together. This open and consultative approach quickly identifies the heart of the problem often bringing about life changing rewards and renewed quality of life.

Operating from private consulting practices in Hungerford, Marlborough, Newbury & Local GP Surgery's in surrounding areas, appointments can be made for an initial 1-hour, free, no obligation consultation or for more information either by phone on **+44 (0) 7841 561 653** or via e-mail: [amanda-jane@ajh-hypnotherapy.co.uk](mailto:amanda-jane@ajh-hypnotherapy.co.uk)

### Pricing

**Initial 1 Hr Consultation with CD – Free**

**1 Hr session - £65**

**Smoking Cessation (a single 1½ to 2 hour session) £120**